

MAKE YOUR OWN HOUSEHOLD CLEANING PRODUCTS!

Why? – Because it is good for your health, your bank account, and the earth!!

Laundry Detergent

Ingredients

- 1 Cup Bar Soap (Ivory, Fels-Naptha, Kirk's Castle, or Dr. Bonners)
- 1 Cup Washing Soda
- 1 Cup Borax

How to make:

Finely grate bar soap. Pour all ingredients into a container and shake until well mixed.

Use: 2-3 tablespoons per load (works with HE washers too!)

Liquid Dish Soap

Ingredients

- ½ Cup Liquid Castile Soap
- 1 ½ Cup Hot Water
- Tablespoon White Vinegar
- 16 Drops Antibacterial Essential Oil

How to make:

Pour all ingredients into a squirt bottle and shake until well mixed. *Do not add essential oils if you are using a scented castile soap.*

Note: May not be as sudsy as you are used to.

Window Cleaner

Ingredients

- 2 Cups Rubbing Alcohol (70-90%)
- ½ Cup White Vinegar
- Water (to make 1 gallon)
- ½ Teaspoon Liquid Castile Soap

How to make:

Pour alcohol and vinegar into gallon container. Add water to fill container, then mix in castile soap. Shake or stir.

Basic Scrub

Ingredients

- 1 Cup Baking Soda
- 1 Cup Borax
- ¼ Cup Salt
- 5 Drops Antibacterial Essential Oil

How to make:

Combine all ingredients in a bottle with shaker top and shake well.

Use: Sprinkle on surfaces.

Disinfectant Spray

Ingredients

- 2 Cups Hot Water
- 2 Tablespoons White Vinegar
- 1 Teaspoon Borax
- 20 Drops Antibacterial Essential Oil

How to make:

Combine all ingredients in a spray bottle. Shake until borax is dissolved.

Use: Spray on surface and wipe clean with a cloth.

Mold Remover

Ingredients

- ½ Cup Peroxide
- 2 Cups Water
- 6 Drops Lemon Essential Oil

How to make:

Combine all ingredients into a spray bottle.

Note: Peroxide can bleach areas, test first!

